

Vegetables You Can Regrow Indoors With Just Water & Sunlight

Celery

Materials:

- 4 to 5cms of the root base of a celery stalk.
- A mug or bowl that will allow the celery to lean without falling over. The mug or bowl must also be able to hold enough water to cover the bottom half of the celery, and will allow sunlight to reach the celery.
- Water

Steps:

- Chop off the base of the celery stalk, leaving about 4 to 5cms.
- Place in a shallow container, add water, and put in a sunny spot.
- Put the container in a sunny window.
- You may want to use toothpicks or skewers to suspend the celery base.

After about a week, you should see little leaves beginning to sprout from the middle.

