

Have a go at this

Activity: Design and make soups

Soups are quite different all over the world.

In Japan, they are broth like, clean and fresh. In France, they are smooth, silky and finished with cream. In Italy, they are chunky, full of flavour with vegetables and herbs. Design, make and write up the recipe card for a soup with lots of vegetables or fruits. Maybe you could include some healthy grains, tofu or seaweed. What about adding some mealworms or crickets?

My recipe is called:

It's made of:

Ingredient	amount

It looks like this when it's finished :

This is how you make it: