



St Leonard's College
An education for life.

Snowsports Club Information Night

Monday 17 March, 2025



Acknowledgement of Country

We acknowledge the Bunurong and Boonwurrung People of the Kulin Nation as the Traditional Owners and Custodians of the land on which we meet, teach and learn. We pay our respects to their Elders and young people of past, present and future generations, and to all Aboriginal and Torres Strait Islander peoples.



STL Link

The site to check and stay informed about snowsports – and most other things happening in the College

<http://learn.stleonards.vic.edu.au/outdooredextn/snowsports/>

A copy of this powerpoint and all Snowsports documents are available to download.

Outline of tonight

- Introductions
- Dryland training
- Interschools XC Championships
- Vic Interschools Snow Sports Championships
- Divisions, Events and other details



About the staff:

Ben Woolhouse

Head of Outdoor Education. Been teaching at St Leonard's since 2004. Before working at St Leonard's, worked as a Ski Instructor for 4 years at: Mt Hotham, Whistler (Canada), Sierra at Tahoe (California), Sun Peaks (Canada) plus work as ski technician and on mountain photographer.

Have 2 daughters – Taya (yr 9), and Sierra (yr 11) both at St Leonard's, both have been members of the Snowsports team.

Other staff involved:

- Jake Matthews, Camp Ibis caretaker / OED leader
- Nina Birss and Stuart Walpole, OED coordinators
- Justin McCarthy, Head of Club Sport
- Nat Cannon, Club Sport administrator.
- Sally Northcroft, Director of Co-curriculum

Dryland / preparation training

- Maximise performance
- Minimise chance of injury
- Maximise enjoyment – Ski / Board harder for longer!
- Utilising the College's great gym facilities and staff
- Non- compulsory (we recognise some students are already have heavy training loads with other sporting commitments)
- \$35 / term for membership to Strength and Conditioning program
- Custom program can be built and planning to run snow specific fitness classes.

Contact:

Justin McCarthy, Head of Club Sports.

Justin.McCarthy@stleonards.vic.edu.au

2025 Snowsports

Leaders:

Sachi Norton

Garet Stern



Snowsports Team Sessions

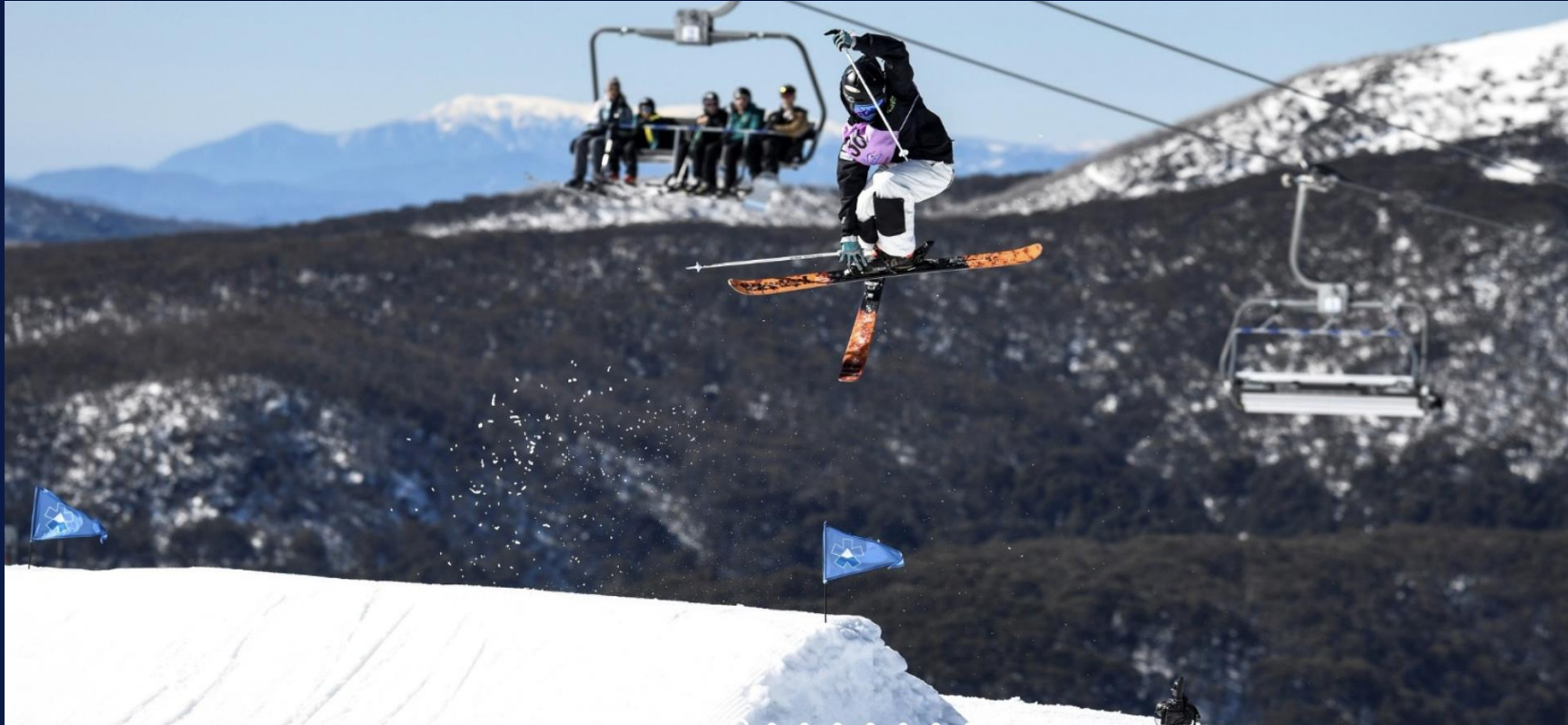
The Snowsports Leaders and staff will work on having a couple of fun get togethers for the team, in the weeks prior to the competition in early Term 3.

Details TBC.

In previous years this has included:

- *Lunch time ski movies*
- *After school trampoline sessions*

Victorian Interschools Competition



*At last years 2024 Victorian Interschools,
St Leonard's College had:*

- **37 students from years prep – 12**
- **84 Race entries**
- **44 teams**
- **27 team managers**
- **10 volunteers**

- **Big range of ability levels within our team.**



*Victorian Interschools Cross Country
Championships*

Sunday August 3, 2025.

Mt Buller

*see www.interschools.com.au for full
details*

Victorian Interschools Cross Country Championships

Events are:

- Cross Country Individual (classic)
- Cross Country Relay



*Victorian Interschools SnowSports
Championships*

*August 18-24, 2025.
Mt Buller*

see www.interschools.com.au for full details

Victorian Interschools SnowSports Championships

- It is about fun, having a go, challenging yourself.
- Students are only needed on the mountain for the day (s) of their event(s)
- Competitors should be able to comfortably link turns on a blue run.
- Students do not need to have done a snowsports camp with us.

Victorian Interschools SnowSports Championships

- Division 1 Years 11 and 12
- Division 2 Years 9 and 10
- Division 3 Years 7 and 8
- Division 4 Years 5 and 6
- Division 5 Years 3 and 4
- Division 6 Year 2 and below

Events

Alpine Giant Slalom – times run down a gated course

Run – usually Burnt Hut, Shaky knees (younger students),
Or Little Buller Spur (older students).

Individual

- 2 timed runs
- combined time of both runs
- Second run is in reverse bib number order – on a new course, there is usually a second course inspection.

Teams

- Skiers – max team of 4
- Team score is result of - fastest 3 runs from first run, plus fastest 3 runs from second run for Alpine GS



Events

Skier Cross

Gated obstacle course with bumps and jumps.

Run - Skyline

Individual

- 1 qualifying run
- Top 32 finishers progress to the final
(or less competitors, based on the number of race entries 8, 16, 24).
Overall placing of finalists is determined by their second run time only.

Teams

- Max team of 3
- The sum of the fastest 2 times in the qualifying run



Events

Moguls – skiers are scored on bumps course with one jump.

Run – usually Bourke st for younger students, Chamois for older students.

Individual

- 1 qualifying run
- Top 20 progress to final (based on race entries)

Overall placing of finalists is determined by their second run time only.

Judged

- Turns – 2 judges, score 20 points each
- Air – 1 judge, score 10 points (multiplied by 2)
- Total points possible 60

Teams

- Max team of 3
- Top 2 scores from qualifying run





Events

Skier Slopestyle

Run – Skyline terrain park

Division 1, 2, 3 only.

Course

- 2 table top jumps
- 2 box/jib features
- Varying lines of challenge

Individual

- 2 competition runs
- Both run scores added together

Judged

- 3 judges – 1 head judge, each give a score of 100. The final score is average of the 3 scores

Team

- Max team of 3
- The sum of the highest 2 scores from the competition runs





Events

Snowboard Giant Slalom

Timed, gated course.

Run – usually Shaky knees or Burnt Hut (younger years), Little Buller Spur (older years)

Individual

- 2 timed runs
- combined time of both runs
- Second run is in reverse bib number order – on a new course, there is usually a second course inspection.

Teams

- Snowboarders – max team of 3
- Team score is result of - fastest 2 runs from first run, plus fastest 2 runs from second run





Events

Boarder Cross

Gated course with bumps and jumps

Run - Skyline

Individual

- 1 qualifying run
- Fastest 24 progress to the final
(or less competitors, based on the number of race entries)
Overall placing of finalists is determined by their second run time only.

Teams

- Max team of 3
- The sum of the fastest 2 times in the qualifying run





Events

Snowboard Slopestyle

Run – Skyline terrain park

Course

- 2 table top jumps
- 2 box/jib features
- Varying lines of challenge

Individual

- 2 competition runs
- Both run scores added together

Judged

- 3 judges – 1 head judge, each give a score of 100. The final score is average of the 3 scores

Team

- Max team of 3
- The sum of the highest 2 scores from the competition runs





Teams

- To achieve a team score, teams need to include:
- 3-4 competitors for Alpine. Fastest 3 times in each run needed to achieve team result.
- 2-3 competitors for Skiercross, Freestyle Moguls, Snowboard Giant Slalom and Snowboard Cross.
- Team results in Snowboard Cross, Ski Cross and Moguls are calculated on two best times/scores from the first qualifying run. Snowboard Giant Slalom team result will be calculated by the fastest 2 runs in each of the two runs

Teams

- Note that sometimes due to small numbers of entries, we may not have enough students to fill a team.
- In this case, they just compete as an individual.
- We do not hold trials for teams – we use results of previous events and our professional judgement to assign students to teams.



Australian Interschools

- September 2 - 7, 2025
- Top 20 individuals at Vic titles qualify
- Top 10 if less than 30 competitors
- Top 6 teams qualify
- 2025 Australian Interschools are at Mt Buller (alternates each year with Perisher)
- Additional costs for this event

Opening / Closing Ceremony

- Monday August 18. Opening ceremony, Village square fireworks, 6.15pm.
- Friday August 22. Fireworks and show on Chamois / Olympic training centre, 6.30pm.
- Daily presentations in Latrobe Uni Sports hall, 5pm.
- Please attend when possible, and wear St Leonard's attire.



Highlights from last year



Monday, 18 August 2025	Alpine Giant Slalom	Division 5 Girls & Boys
		Division 6 Girls & Boys
	Ski Cross	Division 6 Girls
		Division 4 Girls & Boys
	Moguls	Division 4 Girls & Boys
Tuesday, 19 August 2025	Alpine Giant Slalom	Division 4 Girls & Boys
	Ski Cross	Division 5 Girls & Boys
		Division 6 Boys
	Moguls	Division 5 Girls & Boys
Wednesday, 20 August 2025	Alpine Giant Slalom	Division 3 Boys
		Multiclass Event
	Snowboard Giant Slalom	Division 4 & 5 Girls & Boys
	Ski Cross	Division 3 Girls
	Snowboard Cross	Division 4 & 5 Girls & Boys
	Moguls	Division 3 Girls
Thursday, 21 August 2025	Alpine Giant Slalom	Division 2 Boys
		Division 3 Girls
	Ski Cross	Division 2 & 3 Boys
		Division 3 Boys
	Moguls	Division 2 Girls

Friday, 22 August 2025	Alpine Giant Slalom	Division 2 Girls
	Snowboard Cross	Division 3 Girls & Boys
		Division 2 Girls
	Moguls	Division 1 & 2 Boys
		Division 1 Girls
	Ski Slopestyle	Division 1, 2 & 3 Boys
		Division 1 & 3 Girls
	Saturday, 23 August 2025	Alpine Giant Slalom
Snowboard Giant Slalom		Division 1 Boys
		Division 2 Boys
		Division 3 Girls & Boys
Snowboard Cross		Division 1 Boys
Ski Cross		Division 1 & 2 Girls
Ski Slopestyle		Division 2 Girls
Snowboard Slopestyle		Division 1, 2 & 3 Boys
	Division 1, 2 & 3 Girls	
Sunday, 24 August 2025	Alpine Giant Slalom	Division 1 Boys
	Snowboard Giant Slalom	Division 1 & 2 Girls
	Ski Cross	Division 1 Boys
	Snowboard Cross	Division 1 Girls
		Division 2 Boys

Snowracer

- Each competitor has free membership to Snowracer.
- Requirement for entry.
- You will need to have registered and /or renewed your Snowracer before you can enter events.
- Provides insurance coverage for events.

Duty of Care

- Parents are responsible for their child(ren) at all times
- College staff on Mountain to coordinate
- Parent / Student responsible for own transport, accommodation



Accommodation

- A range of accommodation is available, but it fills up quickly.
- It is possible to stay off the mountain, but we do not recommend this.
- Private lodges usually open bookings to public in April / May.
- Try <https://www.mtbuller.com.au/Winter/plan-your-visit/accommodation>
- Or other accommodation providers.

Team managers

- Parents are needed to help each team
- Must be competent skier / boarder
- Must have valid working with children check, and undergo child protection training.
- Supervise students in the team, meet at prearranged place
- Stay up to date with program changes – which may be via website / social media / snowsports app / sms alerts
- Understand rules, procedures etc.
- Eligible for discounted lift pass – approx. \$117 per day

Volunteer officials

- We are obliged to provide officials – set number per number of entries for each school.
- No experience necessary.
- May need to be able to ski / board blue run – to access the race courses.
- Eligible for free lift pass on day of duty.

Costs

To be able to enter any events you must first join the St Leonard's College Snowsports team.

Cost: \$175 per student

This covers some of the college's administration costs involved in running the program.

Includes an STL snowsports buff.

Buff also available for parents to purchase.

High quality Karbon STL snowsports jackets available to purchase – in October for delivery in May.

Costs

Entry is \$69 per event

Competitor lift pass:

- \$76 – single day
- \$151 – 2 days
- \$204 – 3 days
- \$257 – 4 days
- \$302 – 5 days
- Note – discounted interschools lift passes only valid for use during the 7 days of competition.
- Please enter and pay via the online ePayments section on STL link. This will be live soon.



Other costs to consider:

- Accommodation
- Transport – resort entry and parking starts at \$134
- Return Oversnow transport - \$36 adult, \$18 child
- Equipment hire (skis, board, chains for car)
- Lift passes
- See www.mtbuller.com.au for further details.

*Subaru Victorian Interschools **SnowSports** Championships*

Website is <http://www.vicinterschools.com.au/>

All detailed information is available here, including a draft of the event schedule / program – to assist with accommodation bookings and planning.

Please check for updates / changes

Other Functions:

- Wednesday 13 August. Snowsports club Interschools Information session and Bib presentation.
- Sunday 17 August, Team dinner, ABOM tbc.
- Monday 18 August, Opening ceremony and fireworks.
- Wednesday 20 August, Team dinner, ABOM tbc.
- Friday August 22, Team Dinner, ABOM tbc Followed by fireworks.
- Tuesday October 7, Presentation night, St Leonard's College.

Awards

- Leanne McLean award – best contributor to Snowsports Club.
- Best individual performances:
- Awards given to highest performing individual according to % of placing in students best two events.
- Eg. 20th place in GS out of 200 = top 10% + 37th in 'cross out of 175 = top 21%
- $10 + 21 = 31$
- Award given to lowest scoring (highest placed) student

Gear

OED gear available if needed.

Special deals with

- Vast Outdoors, located in Moorabbin shops, Nepean Hwy, just south of South rd.
- 20% discount for St Leonard's students

See our buying guide for more information on outdoor gear:

<http://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/>

Now what?

- Check your division, decide what events to enter, and check the schedule to see when your events are on.
- Secure your accommodation, (parents may need to organise time off work).
- Motivate your friends to join too!
- Start training – or continue training.
- An email will be sent soon with the booking link, to join the Snowsports team, enter events and purchase lift passes.

Any questions / queries:

Benjamin.Woolhouse@stleonards.vic.edu.au

Ph: 9909 9487

Thanks for coming!
See you on the mountain!





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