

Outdoor Education

Year 8 Equipment and Clothing List - 2025



St Leonard's College
An education for life.

STUDENTS TO BRING

Please pack everything listed. Students must bring the following items to their Packing & Preparation Day on the Friday prior to camp.

Hiking Rucksack	Large (65-80 Liters) Everything including your sleeping matt must fit inside.
Day Pack	For lunch on bus journey & during Bike ride
Waterproof jacket	Gore-Tex or japara, must have hood.
Overpants	Gore-Tex or japara.
Toiletries	Toothbrush and toothpaste. Hair brush, deodorant (must be roll on). Tampons/pads for girls.
2 x 1L water bottles	Strong, durable and leak proof.
Head torch and spare batteries	Spare batteries in zip lock bag for waterproofing.
2 x Pack Liner	Super durable 'extra large' Orange garden bags - for water-proofing hiking pack. approx 240L size.
Spare plastic bags	5 x recycled plastic shopping bags for dirty/wet clothing 2 x regular garbage bags for waterproofing sleeping bag
Whistle	On lanyard, for emergency use only

CLOTHING

2 x Beanie	Wool / fleece must be able to pull down over the ears.
1 x Sun hat	Full brimmed - floppy, bucket or legionnaires hat. No peak caps.
3 x Collared shirts	College sport top + house top + extra.
2 x Jumpers	Must be fleece or wool. One could be down jacket. No cotton.
1 x Hiking Pants	Loose and comfortable, quick dry material or tracksuit pants. No cotton leggings or denim
4 x Pairs socks	High quality hiking socks, we recommend merino wool
2 sets of Thermal top and pants	Polypropylene or wool, long sleeve and long pants (to be worn under wetsuit and at night).
Underwear	A change for each day
Runners	Sturdy & comfortable shoes for walking / riding
Water Shoes	Sturdy enclosed shoe for water activities eg old runners (Crocs are not acceptable)
Bathers	For swimming & wearing under wetsuit during rafting
Towel	Small travel size or gym towel. Microfiber & quick dry is best

MESS KIT

Plate and bowl	Durable strong plastic or tin. Needs to be appropriate for camping. No ceramics or glass.
Mug	Durable strong plastic or tin. Needs to be appropriate for camping. No ceramics or glass.
Knife, fork, spoon	Durable strong plastic is best
Tea towel	

BEDDING

Sleeping bag	Good quality. MUST have a hood and draw string and be rated to at least -2. Pack down in a compressible storage bag to no larger than 20L.
Sleeping mat	Air mat, self-inflating or closed cell foam
Pillow (optional)	Very small inflatable travel pillow
Sheet liner (optional)	Protects the sleeping bag and gives extra warmth

Bedding items available for hire or purchase through "Camplist" by ONE PLANET [here](#). Or in store at Vast Outdoors, Nepean Highway.

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MEDICAL

Personal medical requirements must be clearly labelled, be in its commercial packaging and instructions provided. This is to be given to staff prior to departure.

Personal first aid kit and medication. Which may include: Asthma inhaler, band-aids, lip balm, sports tape, insect repellent and 50+ sunscreen (roll on is best, no aerosols please).

OPTIONAL EXTRAS

Camera	In waterproof bag.
Book / cards / travel games	
Pants	Second pair of warm pants. Polar fleece preferred material.
Gloves	Polypropylene, fleece or wool.
Bike Shorts	For comfort whilst riding
Rash top	Rash top for comfort under wetsuit & sun protection.

FOOD

Lunch & Morning tea for Day one of Camp (all other meals are provided)

Scroggin (snack mix) for 7 days – Ideally 1 bag per day.

Please see "How to make scroggin instructional video" for help with this on the STL Link

ANAPHYLAXIS POLICY

The College Anaphylaxis policy seeks to minimise the risk of students coming into contact with nuts and nut products. Students should not bring any products containing nuts or nut products to College activities.



Please consult Outdoor Education recommended buying guide on STL Link before purchasing any equipment.
learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/