

## YEAR 4 CAMP IBIS EQUIPMENT AND CLOTHING LIST

<b>In day pack, to take onto bus:</b>	
morning tea	
lunch	
water bottle x2	
Books, card games, drawing	optional
<b>To pack into suitcase / duffel bag / backpack: (Everything INSIDE bag)</b>	
Toiletries	Toothbrush and toothpaste, hand sanitiser. Hairbrush. Optional soap, shampoo and Other toileties as required by student
Insect repellent	Roll on, no aerosols.
50+ sunscreen	
2 x 1L water bottles	1 sports drink bottle for bike holder - Strong, durable and leak proof
Head torch & spare batteries	
Towel	
Spare plastic bags	2 x large garbage bags, 3 x recycled shopping bags (for dirty / wet items)
Day pack	
<b>CLOTHING</b>	
Beanie	Wool or fleece
Sun hat	Full brimmed - floppy, bucket, legionnaires or cricket hat. <b>No peak caps.</b>
3 x Shirts	2 x Short sleeve with collar (eg. College sports shirts) 1 x short or long sleeve shirt with collar (eg. Old business shirt)
2 x Jumpers	1 x woolen (eg. STL school jumper). Second top can be either fleece, wool or down. No cotton.
2 x shorts	Must be knee length, loose fitting & light weight (eg. School sports shorts)
1 x Pants	Loose and comfortable (eg school tracksuit pants). <b>No Denim or Cotton Leggings</b>
4 x pairs Socks	2 x thick woolen 2 x sports socks
Underwear	A change for each day.
Sneakers / Runners	Strong comfortable shoes for walking, bike riding
Water shoes	Closed in, tie up (eg. dunlop volleys, old runners)
Waterproof jacket	<i>* Rain Jackets can be provide at Camp Ibis if required</i>
Pyjamas	
Bathers	Girls must have one piece
<b>BEDDING</b>	
Sleeping bag	Good quality warm sleeping bag <u>with hood.</u>
Sheet liner (optional)	To protect the sleeping bag and gives extra warmth.
Sleeping mat	Inflateable mat such as 'Therm-a-Rest' or closed-cell foam mat
Pillow	
<b>Before purchasing gear please refer to the Outdoor Education Buying Guide on the St Leonards website</b>	
<a href="https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/">https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/</a>	
<b>OPTIONAL EXTRAS</b>	
Camera	In waterproof bag.
Down jacket / vest	down puffer jacket / vest for extra warmth at night
Rash vest	for sun protection whilst swimming
<b>MEDICAL</b>	
Personal medical requirments must be clearly labelled, be in its commerical packaging and instructions provided from the student's doctor or pharmacist and in a zip lock bag. This bag is to be given to the accompanying teacher prior to departure.	
Personal medication	eg. asthma inhaler, should be carried by student all times.