

Outdoor Education

Year 6 Equipment and Clothing List



St Leonard's College
An education for life.

PROVIDED BY COLLEGE (Students can bring their own if suitable)

Waterproof jacket	Gore-Tex or similar, must have hood.
Water proof pants	Gore-Tex or similar

STUDENTS TO BRING Please pack everything **inside** a duffel bag, small suitcase or similar.

Toiletries	Toothbrush and toothpaste. Hair brush, deodorant (must be roll on). Tampons/pads for girls.
2 x 1L water bottles	Strong, durable and leak proof.
Head torch and spare batteries	Spare batteries in zip lock bag for waterproofing.
Spare plastic bags	5 x recycled plastic shopping bags, 5 zip lock sandwich bags
Towel	
Sunscreen	
Insect repellent	

CLOTHING

Beanie	Wool / fleece must be able to pull down over the ears.
1 x Sun hat	Full brimmed - floppy, bucket or legionnaires hat. No peak caps.
3 x Collared shirts	College sport top + house top + extra.
2 x Jumpers	Must be fleece or wool. Second can be fleece, wool or down. No cotton.
1 x Pants	track suit pants or sports leggings
4 x Pairs socks	2 x Thick Woollen; 2 x sports socks.
1 set of Thermal top and pants	Polypropylene or wool, long sleeve and long pants
Underwear	A change for each day
Runners	For walking, bike riding etc
Old Spare shoes	Closed toe shoe for caving - may get dirty and wet (e.g. dunlop volleys, old runners)
Water Shoes	Closed toe (e.g. dunlop volleys, old runners, wetsuit boots) - These may be the same as your caving shoes
2 x shorts	School sport shorts are ideal
Old long sleeved top and long pants for caving	These may get very dirty!
Pyjamas	
Bathers	

MESS KIT

Plate and bowl	Durable strong plastic or tin. Needs to be appropriate for camping. No ceramics or glass.
Mug	Durable strong plastic or tin. Needs to be appropriate for camping. No ceramics or glass.
Knife, fork, spoon	Durable strong plastic is best
Tea towel	

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BEDDING

Sleeping bag	Good quality. MUST have a hood and draw string, we recommend it is rated to at least -2. Pack down no larger than 20L.
Sleeping mat	Air mat, self-inflating or closed cell foam
Pillow (optional)	Very small inflatable travel pillow
Sheet liner (optional)	Protects the sleeping bag and gives extra warmth
Bedding items available for hire or purchase through "Camplist" by ONE PLANET here . Or in store at Vast Outdoors, Nepean Highway.	

MEDICAL

Personal medical requirements must be clearly labelled, be in its commercial packaging and instructions provided. This is to be given to staff prior to departure.

OPTIONAL EXTRAS

Camera	In waterproof bag.
Book / cards / travel games	

FOOD

Morning tea and lunch for Monday – packed in a plastic bag / packable shopping bag for the bus.

ANAPHYLAXIS POLICY

The College Anaphylaxis policy seeks to minimise the risk of students coming into contact with nuts and nut products. Students should not bring any products containing nuts or nut products to College activities.

Please consult [Outdoor Education recommended buying guide on STL Link](#) before purchasing any equipment.
learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/