

YEAR 4 CAMP IBIS EQUIPMENT AND CLOTHING LIST

Tick	PROVIDED BY SCHOOL OUTDOOR EDUCATION FACULTY Students can bring their own if suitable	
✓	Waterproof jacket	Gore-Tex or japara, must have hood.
✓	Overpants	Gore-Tex or japara.
STUDENTS TO BRING		
	Toiletries	Toothbrush and toothpaste, hairbrush, soap, shampoo
	2 x 1L water bottles	1 sports drink bottle for bike holder - Strong, durable and leak proof
	Head torch & spare batteries	
	Towel	
	Spare plastic bags	2 x large garbage bags, 3 x recycled shopping bags (for dirty / wet items)
	Day pack	
CLOTHING		
	Beanie	Wool or fleece
	Sun hat	Full brimmed - floppy, bucket, legionnaires or cricket hat. No peak caps.
	3 x Shirts	2 x Short sleeve with collar (eg. College sports shirts) 1 x short or long sleeve shirt with collar (eg. Old business shirt)
	2 x Jumpers	1 x woolen (eg. STL school jumper). Second top can be either fleece, wool or down.
	2 x shorts	Must be knee length, loose fitting & light weight (eg. School sports shorts)
	1 x Pants	Loose and comfortable (eg school tracksuit pants). No Denim or Cotton Leggings
	3 x pairs Socks	2 x thick woolen 2 x sports socks
	Underwear	A change for each day.
	Sneakers / Runners	Strong comfortable shoes for walking, bike riding
	Water shoes	Closed in, tie up (eg. dunlop volleys, old runners)
	Pyjamas	
	Bathers	Girls must have one piece
BEDDING		
	Sleeping bag	Good quality warm sleeping bag <u>with hood.</u>
	Sheet liner (optional)	To protect the sleeping bag and gives extra warmth.
	Sleeping mat	Inflateable mat such as 'Therm-a-Rest' or closed-cell foam mat
	Pillow	
<p>Before purchasing gear please refer to the Outdoor Education Buying Guide on the St Leonards website https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/</p>		
OPTIONAL EXTRAS		
	Camera	In waterproof bag.
	Down jacket / vest	down puffer jacket / vest for extra warmth at night
	Rash vest	for sun protection whilst swimming
	Playing cards	or other games for the bus and free time.
	Book	
MEDICAL		
<p>Personal medical requirements must be clearly labelled, be in its commercial packaging and instructions provided from the student's doctor or pharmacist and in a zip lock bag and a completed medical authority form provided. This bag is to be given to the accompanying</p> <p>Please complete the Medical Authority Form for any medication need on camp</p>		
	Personal first aid kit/and medication	eg. asthma inhaler
	Insect repellent	Roll on
	50+ sunscreen	
FOOD		
	Bring morning tea, water bottle and lunch for day one	