

OUTDOOR EDUCATION YEAR 8

EQUIPMENT AND CLOTHING LIST

	PROVIDED BY CAMP IBIS (Students can bring their own if suitable)	
	Hiking Rucksack	Large (65-80 Litres)
	Waterproof jacket	Gore-Tex or japara, must have hood.
	Overpants	Gore-Tex or japara
	STUDENTS TO BRING	
	Toiletries	Toothbrush and toothpaste. Small shampoo, conditioner, hair brush, deodorant (must be roll on). Tampons/pads for girls.
	2 x 1L water bottles	Strong, durable and leak proof.
	Head Torch & spare batteries	Spare batteries in zip lock bag for waterproofing.
	MEDICAL	
	Personal medical requirements must be clearly labelled, be in its commercial packaging and instructions provided. This is to be given to staff prior to departure.	
	Personal first aid kit and medication. Which may include: Asthma inhaler, band-aids, lip balm, sports tape, insect repellent and 50+ sunscreen, (roll on is best, no aerosols please).	
	CLOTHING	
	Beanie x 2	Wool/fleece must be able to pull down over the ears
	Sun hat	Full brimmed - floppy, bucket or legionnaires hat. No peak caps.
	3 x Collared shirts	College sport top + house top + extra
	2 x Jumpers	One must be wool the other can be fleece or wool or down . No cotton.
	1 x Pants	Hiking pants or tracksuit pants - No Denim or Cotton Leggings
	2 x shorts	College sports shorts ideal - No Denim or short shorts
	4 x Pairs socks	3 X Thick Woollen; 1X sports socks
	Pyjamas	
	2 sets of Thermal top & pants	Polypropylene or wool, long sleeve & long pants (to be worn under wetsuit and at night)
	Underwear	A change for each day
	Wet shoes	sturdy, enclosed shoe for water activities, eg old sneakers
	Runners	Strong comfortable shoes for walking / riding
	Bathers	For swimming (girls one piece bathers only)
	Towel	travel towel / quick dry is best
	MESS KIT	
	Plate and Bowl	Durable strong plastic or tin
	Mug	Durable strong plastic or tin
	knife, fork, spoon	
	Tea Towel	
	BEDDING	
	Sleeping bag	Good quality. MUST have a hood & draw string and be rated to at least -2
	Sleeping Mat	Air mat, Self inflating or closed cell foam
	Pillow (optional)	Must be small otherwise will not fit in hiking packs
	Sheet Liner (optional)	Protects the sleeping bag and gives extra warmth
	OPTIONAL EXTRAS	
	Camera	In waterproof bag.
	Book / cards / travel games	
	Pants / sports leggings	Second pair of pants
	Rash Top	Rash top for sun protection whilst swimming
	Gloves	Polypropylene, fleece or wool
	Bike shorts	
	Down Jacket / Vest	Additional layer for warmth
	FOOD	
	Bring morning tea, drink and lunch for Monday (all other meals are provided)	
	Scroggin (snacks)	suggest one bag per day
	Please see "How to make scroggin instructional video" for help with this on the STL page	
	ANAPHYLAXIS POLICY	
	The College Anaphylaxis policy seeks to minimise the risk of students coming into contact with nuts and nut products. Students should not bring any products containing nuts or nut products to College activities.	
	Please consult Outdoor Education recommended buying guide on STL Link before purchasing any equipment. https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/	