



Copy of this PowerPoint available on STL Link, Year 5 'Outdoor Education' Along with all other camp documents and info

The Outdoor Education staff



Mali Booth
Outdoor Educator



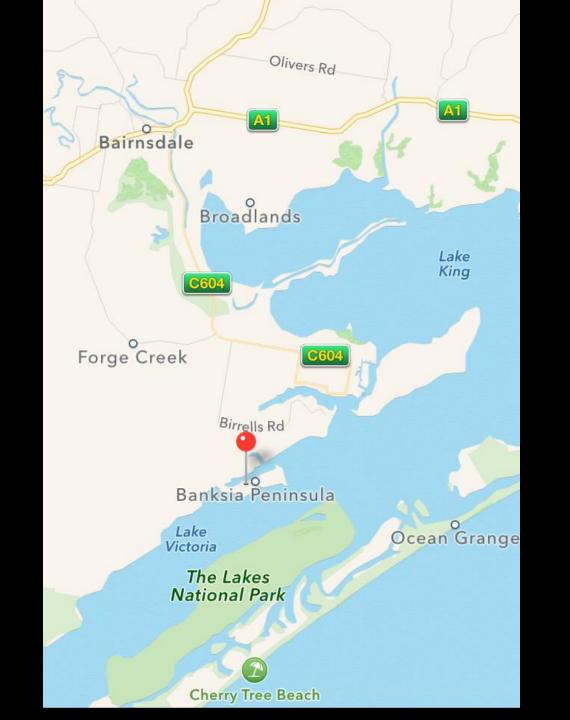


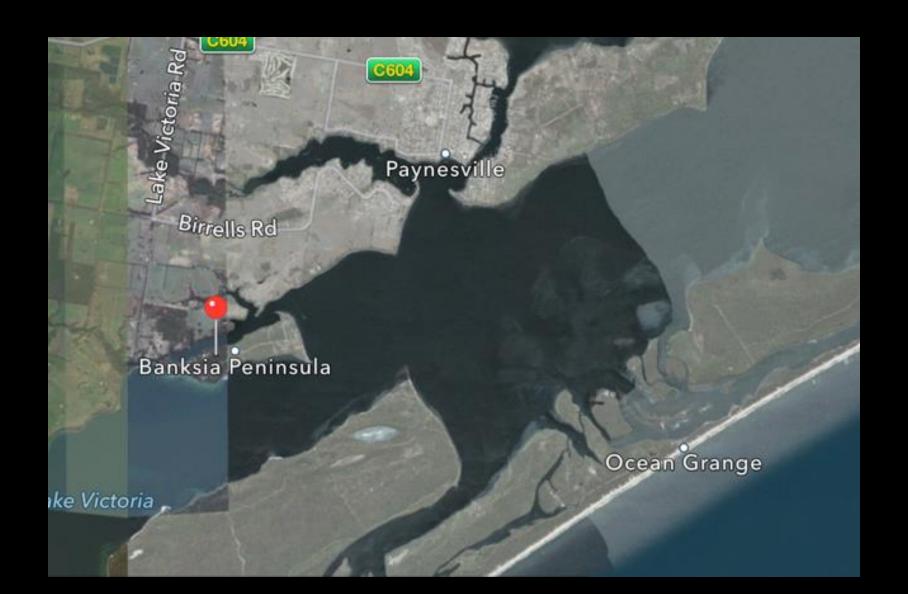
Jake Matthews
Camp Ibis
Manager /
Caretaker

Plus a great team of part time and casual OED Staff.

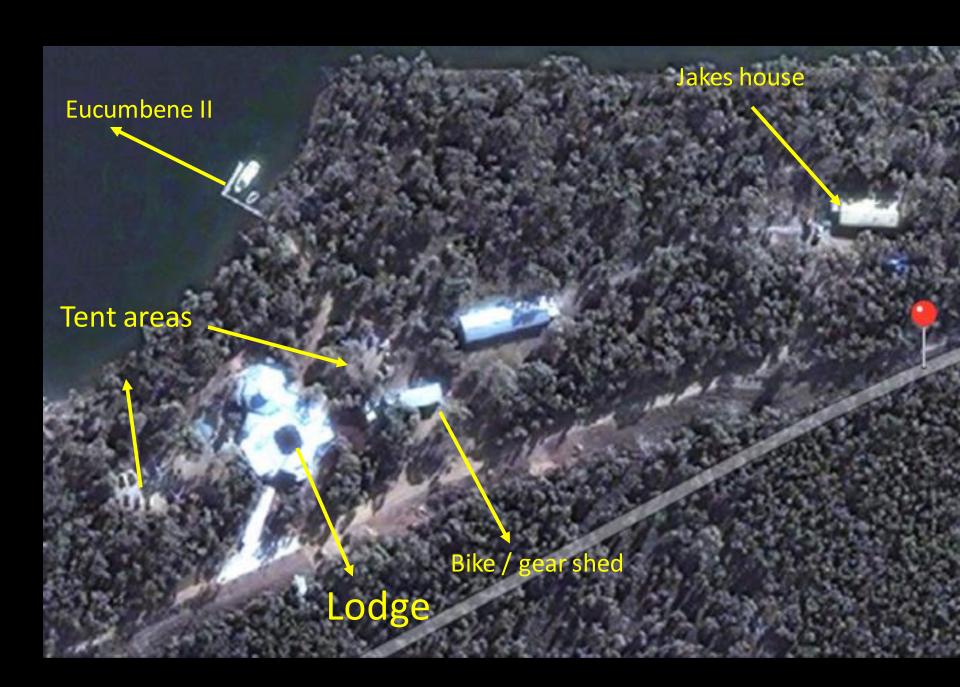












Year 5 Program Outline

Day 1

8.30 am depart school, travel to Camp I bis by bus

Lunch and welcome.

Banksia Challenge (orienteering / scavenger hunt / adventure race)

Dinner and outside games

Day 2

Indigenous session with local Gunai Kurnai elder

Boat trip on the Eucumbene to Raymond Island for picnic and Koala walk.

Boat to 90 mile beach, explore islands and wildlife.

Dinner and night walk

Day 3

Canoeing and Jetty jumping

Mountain biking

Ninja warrior course

Stand up paddle boarding

Dinner and inside games

Day 4

Pack up

Free choice activity

Travel back to school, via picnic lunch at Rosedale.

3.30pm pick up.

Note: Activities may be completed in different order, or altered according to weather conditions.

















Day pack (to bring on bus):

- Morning tea and lunch for day 1
- Full water bottle
- Book / cards / games for bus trip
 Please wear Sport uniform on Day 1.

Suitcase / duffel bag:

 All clothing, gear and sleeping bag and sleeping matt

Please have everything INSIDE your bag.

- Please follow packing list carefully.
- The camp letter has links to our affiliated online stores, with discounts for purchase and hire options available.
- We are teaching students what is appropriate gear for the outdoors the packing list changes very little between requirements for each year level camp.
- Items you may need to buy: sleeping bag, sleeping mat, thermals, headtorch.

- St Leonard's students will receive good advice and discounts from Vast Outdoors, located on Nepean hwy, Moorabbin.
- Make sure that the gear you buy this year will be appropriate for the years to come.

Students need to bring:

Toiletries: must include:

- Tooth brush and paste
- Hand sanitiser



Must bring 2 water carrying containers

If one of your water bottles can fit in a bike bottle holder then that is great.











Head torch – small and lightweight. Bring spare batteries.

Personal First Aid Kit:

Just medications that you may normally use, eg. Asthma puffer, strapping tape.







Insect Repellent

30+ Sunscreen



All medications must be given to staff.



Beanie



Hat







2 short sleeve collared shirts

Sports Shirt



House Polo Shirt





School Sports Short Plus a second pair of shorts

2 Jumpers



Woollen Jumper (eg School jumper)



Wool or Fleece Jumper



No cotton rugby tops or hoodies

1 Long Pants



Quick Dry Hiking Pants



OR Tracksuit Pants School PE track pants are good

No cotton leggings.
Sports leggings are OK



Thermals

Bathers



Made from Polypropylene or Wool





Socks
Ideally 2 Woollen and
2 Sports Socks



towel



Shoes

- Runners / cross trainers
- Wet shoes



- Underwear a change for each day
- Pyjamas





Bedding

- Sleeping bag
- Sleeping Matt
- Inner Sheet (optional)
- Travel pillow (optional)





Before purchasing any gear please refer to the online links and / or the Outdoor Education Buying Guide on STL Link.

NOTE - Sleeping bag and matt are available for hire from Offtrack, Camplist and Vast Outdoors.



Optional Extras

- Camera
- Book, cards, travel games
- Rash top sun protection whilst swimming
- Long sleeve polo / business shirt



FOOD

Students must bring the following food:

 Morning tea and lunch for Monday (day 1)



Risk Management:

Constant communication with local Parks / Police / CFA

4wd and boat in area for evacuation

Contingency plans for inclement weather

Outdoor Leaders have Advanced Wilderness First Aid



Any questions or queries please contact:

Ben Woolhouse 9909 9487 bwoolhouse@stleonards.vic.edu.au

Mali Booth 9909 9428

Mali.Booth@stleonards.vic.edu.au