

Parent Seminar Program - Term 3 2025

Seminar	Presenter	Year Level	Date, Time and Location	Content
Term 3				
Junior School Living and Growing Program	Sex Education Australia	Prep to Year 4 Parents	Wednesday 23 July 7.00pm-8.00pm Online - Zoom	Online parent workshop outlining the Living and Growing Program run by Sex Education Australia
Conflict to Connection: Strategies for Guiding Strong Willed Children	Heidi Rogers	Years 5 to 9 Parents	Tuesday 29 July 7.00pm-8.00pm Leonardian Centre	Heidi will discuss a variety of strategies for guiding strong willed children.
Safe Socialising for Teenagers - Alcohol, Parties and Young People	Sonya Karras	Years 9 to 12 Parents	Wednesday 13 August 7.00pm-8.00pm Leonardian Centre	How to support 'Safe Partying' for your teen.
Thinking Traps	Toolbox Education	Years 7 to 9 Parents	Thursday 28 August 7.00pm-8.00pm Merton Exam Centre	Strategies for supporting students to challenge their own unhelpful thinking styles. There will also be a 'Q and A' session after the seminar.

The Term 4 2025 Parent Seminar Program will be made available soon.



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Winter Webinar Series

Platform	How to Access	Content
CyberSafety Project	Register for sessions via the link below. Tech Safe Parents Webinar Series 2025	<ul style="list-style-type: none">• 13 Aug – AI Deepfakes and misinformation: Understanding AI's impact on your kids• 23 Oct – Safe gaming for kids: Building boundaries for positive play <p>*Each session above can be re-watched throughout the remainder of 2025.</p>
eSafety Commissioner	Register for webinars directly through the eSafety commissioner website https://www.esafety.gov.au/parents/webinars	<p>The eSafety commissioner releases a number of 30 minute parent seminars across the year about online topics. They are free to register and are delivered across a range of different timeslots for parents and guardians. Suitable for parents and carers of upper primary and high school students.</p> <ul style="list-style-type: none">• 30 July 12.30pm - Exploring the online experiences of boys and young men• 5 Aug 12.30pm - The changing face of cyberbullying: Protecting your child in 2025• 6 Aug 12.30pm - Recognising online coercive control in young people's lives• 28 Aug 12.30pm - Understanding AI Companions (Chatbots)• 2 Sep 3.30pm - Understanding and using parental controls to help protect your child online• 9 Sep 12.00pm - Sexual extortion: What parents and carers need to know• 11 Sep 1.00pm - Understanding AI Companions (Chatbots)
Elevate Education	Register for webinars directly through the Elevate Education website https://go.elevateeducation.com/auschoolwebinars	<ul style="list-style-type: none">• 6 Aug 6.30pm-7.30pm - Getting (and keeping) your child motivated - How to help your child develop and maintain a positive approach to studying• 20 Aug 6.30pm-7.30pm - Making technology an ally (and not the enemy) - How to break the tech-procrastination cycle and use apps to motivate your child to study• 3 Sep 6.30pm-7.30pm - Helping your child improve their note taking - What their child's notes should look like and how they can help them study more efficiently• 17 Sep - Supporting your child during exams - Supporting your child in the run-up to exams by establishing good routines in the days before



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Online Parenting Resources

Platform	How to Access	Content
SchoolTV	Access STL SchoolTV via the Parenting Resources Centre https://stleonards.vic.schooltv.me/	SchoolTV is a resource which contains videos and resources from a wide range of experts on topics relevant to youth. As an STL parent you have access to this throughout your time at the College.
Step Into Year 7	Access the series via the Parenting Resources Centre https://learn.stleonards.vic.edu.au/parents/step-into-7/	For parents of Year 7 students. This three part series covers important information about your child's transition into Year 7 at St Leonard's College.