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## ADHD for Parents (Home)

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## ADHD for Parents



### Aims



Welcome to this short course developed with the help of Parents for ADHD advocacy Australia (PAAA). This course is aimed to support the parents and carers of children with Attention deficit hyperactivity disorder (ADHD). Other people may also find it helpful, such as other relatives and teachers.

Please start by opening the drop down below and meeting Jazzy and Liam whose stories will feature through the course.

[Videos: Meet Jazzy and Liam](#)

This open course will explore:

1. The definition of ADHD and its characteristics
2. The prevalence of ADHD, its possible causes and diagnosis
3. Support at home and in the school
4. Medication
5. Strengths of people with ADHD

We hope that this course can help to improve understanding of ADHD and dispel some of the myths surrounding it.





### Summary



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OPEN

Well done, you have completed this short course on ADHD. We hope that this has added to your understanding of ADHD and will support you and your family.

Our thanks for help in building this course to:

Dr. Michael Kohn, Dr. Paul Hutchins, Nicola Levi, Simon da Roza, Jazzy, Liam, Nathalie and Rimmelle, Louise, Ash and Doris



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