

# CURRICULUM VITAE

**NAME:** RESTIEAUX Dame Norma Jean  
**DATE OF BIRTH:** 16/7/34  
**ADDRESS:** 67 Highgate, Dunedin, New Zealand  
**DEPARTMENT:** Department of Medicine, Otago University Medical School,  
Dunedin, New Zealand  
**Date of Appointment to University:** 1970

## PRESENT POSITION:

Associate Professor of Medicine, University of Otago  
Consultant Cardiologist, Otago Area Health Board  
Head of Department of Cardiology, Dunedin Hospital

**QUALIFICATIONS:** B. Med. Sci in Neurophysiology  
University of New Zealand 1957  
  
M.B.Ch.B. with credit  
University of New Zealand 1960  
  
Member Royal Australasian College of  
Physicians - MRACP 1964  
  
Member Royal College of Physicians  
London - MRCP(Lond) 1965  
  
Fellow Royal Australasian College of  
Physicians - FRACP 1972  
  
M.D. University of Otago 1973  
  
Fellow Royal College of Physicians London  
- FRCP(Lond) 1982  
  
**AWARDS:** Dame Commander of the British Empire 1992  
Royal Australasian College of Physician's  
medal 1995

## TRAINING:

**Undergraduate** Otago University 1953-54  
Otago University Medical School 1955-60

## PREVIOUS APPOINTMENTS

### House Surgeon Appointments:

- 1961                      1st year House Surgeon, New Plymouth Hospital, New Plymouth  
- rotation through General Medicine, General Surgical and  
Obstetrics Services
- 1962                      2nd year House Surgeon, Dunedin Public Hospital, Dunedin  
- rotation through General Medicine services  
including Respiratory, Cardiology, Neurology and  
Endocrinology

### Registrar Appointments:

- 1963                      Medical Registrar, Wakari Hospital, Dunedin                      -  
two general medical rotations with additional experience  
in Rheumatology, Gastroenterology and Infectious  
Diseases
- 1964                      Medical Registrar, Cardiology, Dunedin Public Hospital.  
This was a full year gaining experience in Cardiology  
including experience in the latest technological advances  
at that time – pacemaker implantation, electrical cardioversion,  
cardiac catheterisation

### Postgraduate Training

- 1965-67                      Cardiology Registrar, Cardiology Department, the London  
Hospital, White Chapel, London  
This position was in a busy cardiology unit, already well recognised  
for its contribution to cardiology. Extensive experience was gained in  
management of all forms of cardiac disease. Training in cardiac  
catheterisation and other techniques was undertaken. During this  
period I was involved with the establishment of one of the first  
coronary care units in London.
- I contributed to British Cardiac Society, London in teaching  
seminars and to undergraduate teaching at The London Hospital  
(London University). Research was undertaken in the field of
- (1) Acute myocardial infarction
  - (2) Noradrenaline levels in myocardial infarction
- 1967-70                      Fellow in Cardiology, Childrens' Hospital Medical Centre,  
Longwood Avenue, Boston. This centre is affiliated with the Harvard  
Medical School, Boston
- First year: Research in the field of Vector cardiography in  
congenital heart disease. Presentations were made to the American  
College of Cardiology meetings.

Second and third years: Clinical Fellowship with experience in all aspects of paediatric cardiology and cardiac surgery. Training in cardiac catheterisation and other techniques.

### **Consultant Positions held:**

1970-72	Lecturer in Medicine, University of Otago Medical School Honorary Specialist Physician in Cardiology, Dunedin Hospital
1972-77	Senior Lecturer in Medicine, University of Otago Medical School Honorary Consultant (Cardiology), Dunedin Hospital
1977-	Associate Professor of Medicine, University of Otago Medical School and Senior Cardiologist, Dunedin Hospital
1975-	Head of Department of Cardiology, Dunedin Hospital

### **University Affiliations and Committees**

1981-83	Associate Dean, Faculty of Medicine, University of Otago
1983-86	Chairman, Division of Medicine, University of Otago Medical School
1989-91	Member, Faculty Board, Faculty of Medicine, University of Otago
1987-90	Member of Ethical Behaviour Committee
1988-	Convenor Fifth Year Cardiothoracic Teaching
1990-	Convenor Fourth Year Clinical Science Course - Cardiovascular Medicine
1991-1993	Associate Dean, Admissions
1991-	Member Medical Admissions Committee
1994-	Chairman Medical Admissions Interviews Subcommittee
1996-	Member, Academic Promotions Committee
1997	Member, Pharmacy Board of Studies

### **Dunedin Hospital Appointments**

1987-88	Chairman, General Medical Staff
1986, 1989	Deputy Chairman, General Medical Staff
1980-83	Member Quality Assurance Committee
1983-87	Chairman, Quality Assurance Committee

### **HealthCare Otago**

1994-95	Clinical Director of Medicine
1997-	Chairman, General Medical Staff

## Otago Hospital Board

1981-84	Member, Otago Hospital Board Member General Committee Member Finance Committee Member Appeals and Complaints Committee As Chairman of General Medical Staff
1987-88	Member General Committee
1987-88	Member Finance Committee
2010-2015	Member Health Care Otago Charitable Trust

## Royal Australasian College of Physicians

1986-90	Chairman of Board of Censors
1986-90	Chairman of the Committee for Examinations
1980-85	Member of the Committee for Examinations
1986-90	Member of the Committee for Physician Training
1986-90	Member of the New Zealand Committee
1986-94	Elected Member of Council of the Australasian College of Physicians
1994-	Chairman, Specialist Advisory Committee (Cardiology)
2000-2004	President (NZ Region) Australasian College.

## Medical Research Council

1979-82	Member Clinical Assessing Committee
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## Cardiac Society of Australia and New Zealand

1974-77	Secretary Cardiac Society, New Zealand region
1989-91	Member of the Executive of Cardiac Society - New Zealand region
1992-95	Chairman of Cardiac Society - New Zealand region
1992-95	Member of Council of Cardiac Society of Australia and NZ

## Health Department

1984-85	Chairman, Cardiac Surgery Services Working Party
1985-86	Member, Cardiac Surgical Services Review Committee (Laing Committee)
1991	Member of the Task Force reviewing provision of health service
1993	Southern Regional Health Authority Member of Review Team on the Provision of Cardiac Surgery

## Royal Society of Medicine, London

1978-1993	Fellow Royal Society of Medicine
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## National Heart Foundation

1992-	Member of the Scientific Committee
1992-95	Member of Council
2010-2012	Chair Scientific Committee

## **NZ Medical Association**

1991	Member of Executive, Otago Region
1993	Vice-President, Otago Region
1994	President, Otago Region

## **Medical Practitioners Disciplinary Tribunal**

1996 → ? 2001      Member, Appointed by Minister

## **PRIZES AND DISTINCTIONS**

1956	Distinction in Physiology and Biochemistry
1956	John Malcolm Memorial Prize in Physiology and Biochemistry
1960	First Prize in Surgery
1960	Distinction in Medicine

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## **PUBLICATIONS**

### **Books**

Ellison R Curtis & Restieaux Norma J. Ventrocardiography in congenital heart disease. A method for estimating severity. W.B. Saunders Company, Philadelphia, 1972.

### **Papers**

Restieaux NJ, Bray C, Bullard H, Murray, Robinson J, Brigden W, McDonald L. 150 patients with cardiac infarction treated in a coronary unit. *Lancet* i, 1285 (1967).

Robinson JF, Restieaux NJ & Murray M. Experience with hydrogen in detection of intracardiac shunts. *British Heart Journal* 30, 168 (1968).

Restieaux NJ. The Frank Scalar Electrocardiogram in complete transposition of the great arteries (abstract) *Circulation* 38, 4, 163, (1968).

Bray C, Baker C, Restieaux NJ. Free nordrenaline in plasma of patients after cardiac infarction. *British Heart Journal* 30, 784, (1968)

Rosenthal A, Restieaux NJ & Feig SA. Influence of acute variations in hematocrit on the QRS complex of frank electrocardiogram. *Circulation* XLIV, 456, (1971).

Ellison RC & Restieaux NJ. Quantitation of ventricular hypertrophy and haemodynamic load with ventrocardiogram. *Progress in Cardiovascular Diseases* XIV 559, (1972).

Restieaux NJ, Ellison RC, Albers WH, Nadas S. The frank electrocardiogram in complete transposition of the great arteries; its use in assessment of left ventricular pressure. *American Heart Journal* 83, 219, (1972).

Restieaux NJ. Treatment of heart failure in infants and children, *Drugs* 13, 467, (1977).

Woodhouse SP, Restieaux NJ, Ablett M & Amarasingham R. Smoking habits of male coronary care unit patients compared with the general population. Presented VII Asian Pacific Congress of Cardiology. (1980)

Restieaux NJ, Ablett M & Woodhouse SP. Serial Holter monitoring in patients following acute myocardial infarction. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, Dunedin, New Zealand Medical Journal 92, 403, (1980).

French R, Restieaux NJ, Ablett M, Woodhouse SP & Amarasingham R. A five year follow up of patients admitted to a coronary care unit with acute myocardial infarction: the value of the coronary prognostic index as a predictor of early and late mortality. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, Dunedin, New Zealand Medical Journal 92, 403, (1980).

Woodhouse SP, Restieaux NJ, Ablett MB, Amarasingham R, Smith BR. Family history, cigarette smoking and other risk factors in patients with myocardial infarction. New Zealand Medical Journal 94. 443, (1981).

GT Wilkins, NJ Restieaux, MB Ablett, CDJ Ilesley, R Amarasingham. Two dimensional echocardiography in acute myocardial infarction. Proceedings of the Cardiac Society of Australia and New Zealand, ANZ J of Med 14; 573: (1984)

Ilesley C, Wilkins G, Amarasingham R, Restieaux N, Ablett M. Percutaneous transluminal coronary angioplasty: the early Dunedin experience. New Zealand Medical Journal 98, 47, (1985).

Restieaux NJ, Christie H. Echocardiographic assessment of severity of aortic stenosis. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, Gisborne, New Zealand Medical Journal 98, 910, (1985).

Ilesley CDJ, Searle P, Thoreau W, Amarasingham R, Restieaux NJ, Ablett MB. Sudden cardiac death - results of resuscitation in Dunedin 1975-1983. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, (1985).

N Restieaux, E Nye, W Sutherland, M Ablett, C Ilesley, R Amarasingham, M Robertson. Lipoprotein lipids in women with angiographically determined coronary artery disease. Proceedings of the Cardiac Society of Australia and New Zealand. ANZ J OF MED 16; 584: (1986).

N Restieaux, H Christie, M Ablett, R Amarasingham, C Ilesley. Two dimensional echocardiography as a prediction of prognosis following acute myocardial infarction. Proceedings of the Cardiac Society of Australia and New Zealand. ANZ J of Med 16; 585: (1986).

CDJ Ilesley, NJ Restieaux, J Ram, MB Ablett. Percutaneous transluminal coronary angioplasty in patients with multiple coronary stenoses. Proceedings of the Cardiac Society of Australia and New Zealand. ANZ J of Med 16; 585: (1986).

CDJ Ilesley, MB Ablett, NJ Restieaux. Metoprolol in acute myocardial infarction (MIAMI) The fate of Dunedin patients excluded from the MIAMI trial. Proceedings of the Cardiac Society of Australia and New Zealand. ANZ J of Med 16; 585: (1986).

Restieaux NJ, Nye ER, Sutherland WHF. Lipoprotein lipids in women with angiographically determined coronary artery disease. Australia and new Zealand Journal of Medicine, (1987).

W Thoreau, D Thoreau, C Ilsley, M Ablett, A Whelan, N Restieaux. Exercise testing after percutaneous transluminal coronary angioplasty as a predictor of clinical and angiographic results. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand. Dunedin, NZ Med J 102; 508: (1989).

GT Wilkins, D Thoreau, W Thoreau, R Amarasingham, NJ Restieaux, CDJ Ilsley, MB Ablett. Emergency PTCA in refractory unstable and post infarctional angina. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, Dunedin, NZ Med J 102; 508: (1989).

DH Thoreau, WA Thoreau, AD Whelan, HE Henderson, CDJ Ilsley, MB Ablett, R Amarasingham, NJ Restieaux, GT Wilkins. Long term follow up after percutaneous transluminal coronary angioplasty - the Dunedin experience. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand, Dunedin. NZ Med J 102; 508: (1989).

NJ Restieaux, WL Jackson, R Amarasingham, GT Wilkins. Clinical significance of echocardiographically determined mural thrombus. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand. Christchurch. NZ Med J 103; 245: (1990).

GT Wilkins, DH Thoreau, WA Thoreau, KD Warnock, HE Henderson, MB Ablett, NJ Restieaux. A comparison of events in follow up between single and multivessel percutaneous transluminal coronary angioplasty. Proceedings of the Annual Scientific Meeting of the Cardiac Society of Australia and New Zealand. Christchurch. NZ Med J 103; 245: (1990).

GT Wilkins, RA Stewart, CJS Low, E Gold, G Russell, NJ Restieaux. A randomised trial of magnum wire percutaneous transluminal coronary angioplasty for chronic artery total occlusion. Presented Annual Scientific Meeting, Cardiac Society, Wellington August (1991).

GT Wilkins, NJ Restieaux, GP Herbison, E Gold, RA Stewart. Effects of pre existing beta-blocker therapy on survival in 2,946 consecutive patients with myocardial infarction. JACC, 380A. (1992).

GT Wilkins, AJ Campbell, RAH Stewart, CJS Low, NJ Restieaux. Factors predicting further cardiac events in long term follow up after percutaneous transluminal coronary angioplasty. Cardiology Department, Dunedin Hospital, Presented to the Annual Scientific Meeting of the Cardiac Society of Australasia and New Zealand, May 10-12, (1992)

NJ Restieaux, MK Russell, RAH Stewart, GT Wilkins. Predictors of early mortality in patients with acute myocardial infarction complicated by ventricular tachyarrhythmias in the Coronary Care Unit. Abstract, Cardiac Society of Australia and New Zealand, NZ Med J. (1993)

NJ Restieaux, PJ Campbell, RAH Stewart, GT Wilkins. Long-term follow-up after out-of-hospital cardiac arrest. Abstract, Cardiac Society of Australia and New Zealand, NZ Med J. (1993).

NJ Restieaux, PJ Campbell, RAH Stewart, CJS Low, GT Wilkins. The long-term outcome of percutaneous transluminal coronary angioplasty - a regional experience. Abstract, Cardiac Society of Australia and New Zealand, NZ Med J. (1993).



Stewart RAH, Restieaux NJ, Robertson MC, Low CJS, Wilkins GT. Age and sex differences in risk factors recognised at presentation of first myocardial infarction. Abstract, Cardiac Society of Australia and New Zealand, (1994).

Simmonds MB, Wilkins GT, Stewart RAH, Low CJS, Restieaux NJ. Twelve year review of coronary bypass graft angioplasty in Dunedin. Abstract Cardiac Society of Australia & NZ, (1994).

Williams MJA, Hammond-Tooke GD, Restieaux NJ. Hypokalaemic periodic paralysis with cardiac arrhythmia and prolonged QT interval. Aust NZ J Med 25; 549 (1995).

Williams MJA, Low CJS, Restieaux NJ. Tachycardia and cardiomyopathy. NZ Med J, 109 No 1017; 7809 (1996).

Stewart RAH, Robertson MC, Low CJS, Wilkins GT, Restieaux NJ. Differences in easily recognised coronary risk factors by age at first myocardial infarction. NZ Med J 110 No1051; 339-40 (1997).

Stewart RAH, Robertson MC, Wilkins GT, Low CJS, Restieaux NJ. Association between activity at the onset of symptoms and outcome of acute myocardial infarction. Journal of the Am Col Cardiol J 29(2), 250-3 (1997).

Sutherland WHF, Restieaux NJ, Nye ER, Williams MJA, deJong SA, Robertson MC, Walker HL. IDL composition and angiographically determined progression of atherosclerotic lesions during simvastatin therapy. Arterioscler Thromb Vasc Biol 18; 577-83 (1998)

Williams MJA, Restieaux NJ, Low CJS. Myocardial infarction in young people with normal coronary arteries. Heart 79, No2; 191-4 (1998).

Kerr AJ, Stewart RAH, Low CJS, Restieaux NJ, Wilkins GT. Long-stenting in mature coronary arteries: relation between vessel size and outcome. Accepted for publication Catheterization and Cardiovascular Diagnosis.(1997).

Stewart RAH, Robertson MC, Wilkins GT, Low CJS, Restieaux NJ. Associations of plasma noncholesterol sterol levels with severity of coronary artery disease. Accepted for publication on NMCD.(1998).