



Campus Connections Aotearoa

Tūhono Aiopīpī

What is a Mentor?

A person, usually older, who shares their knowledge and experience to help you learn, grow and achieve your goals. At Campus Connections Aotearoa, all of our mentors are University students who have volunteered to take part in the programme and are excited to spend time with you.

What you will do at Campus Connections Aotearoa

- Laugh and have fun
- Get help with study skills, personal or academic goals or career development during Supporting Transition Success
- Take a walk around the University Campus
- Share a free lunch with other youth and mentors
- Engage in fun, positive activities while learning new skills
- Get support and talk with your mentor and other Campus Connections Aotearoa staff members
- Learn about yourself
- Learn about career options and the value of education
- Have access to counselling support as and when needed

Your Rights as a Campus Connections Aotearoa Participant

- You have the right to know the name of your mentor, counsellor and other CC-A staff members
- You have the right to know the qualifications and registrations of your counsellor, their supervisor and CC-A leadership staff
- You have a right to information about the type of support offered by the CC-A counsellors
- You have the right to get a second opinion from another counsellor
- You have the right to decline counselling or stop at any time
- You have the right to request a summary of any notes kept about you by the CC-A counsellor(s) you speak to

What We Expect From You

- Commit to attend every session
- If possible, bring warm clothes/wet weather gear and comfortable shoes for walking as part of the programme will be outside each week
- Stay within arm's length of your mentor at all times, except when using the toilet

- Behave respectfully towards others (e.g., no fighting, yelling, swearing, outbursts) and university property
- Keep yourself and others safe

- No smoking, drinking, or drugs (including kit e.g., pipes, bongs) prior to or during Campus Connections Aotearoa
- Express feelings appropriately and engage in appropriate conversation (e.g., no bullying, no negativity)
- Follow mentor and all other Campus Connections Aotearoa staff instructions
- Dress appropriately (e.g., no gang colours)
- Keep your hands to yourself
- No contact with mentors outside of Campus Connections Aotearoa until the end of the 12 week programme, and then only if you, your whānau and your mentor agree
- No use of mobile phones or other hand held devices during Campus Connections Aotearoa, including texting or phone calls