



Success Story: Teaspoons of Change

- The project: Teaspoons of Change
- Which SDG it links to - all 17
- The sectors involved - education, business and government
- The outcomes you're seeking - integration of the Global Goals personally and practically

Everyday I get to wake up and live my passion to be a part of the movement to end extreme poverty. For 19 years I've been fortunate to travel to more than 90 countries learning from the world. Volunteering and development work includes roles with AVI, VSO, UNICEF, WHO, Gates Foundation and others. In addition I utilise these experiences in education and advocacy in high income countries and have given over 1000 presentations and workshops to more than 100,000 people.

Since 2009 I have been promoting and advocating on the MDGs and now SDGs. This all kicked off in 2009 when I cycled 4000km around the South Island of Aotearoa and up to Wellington a few times promoting VSA (Volunteer Service Abroad) and global citizenship.

In 2014 I walked 1000km in Japan and founded Teaspoons of Change knowing our small but collective actions can create significant positive change. I also created a concept called Happy-simply which has produced two self-sufficient tiny houses in NZ relating to the relevant Global Goals including Responsible Consumption & Production, Affordable and Clean Energy, Climate Action and Partnerships For The Goals as it was done with communities.

More recently since completing a Master's in Peace Studies in Japan, Teaspoons of Change aims to integrate the Global Goals into the vision, values and daily practices of any business making the Global Goals accessible and fun. I work with various educational institutes and government engagement in a few places, mainly through the Ministry of Education.

I'm working for the Global Goals to be a shared and practical vision for all New Zealanders so when we all take small Teaspoons of Change they combine together knowing they are supporting the Global Goals for Sustainable Development and a better world for everyone, everywhere and into the future.



Contact

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Most relevant SDGs:

